

Series 1

ASD Training Series: Managing Unusual Responses to Sensation ASD01 Autism 2 hrs.

This presentation reviews the range of sensory processing difficulties that can be seen in ASD. Over- and under-sensitivity to naturally occurring stimuli can affect visual, tactile, auditory, proprioceptive, olfactory, and taste perception. A discussion of remediation strategies will focus on occupational therapy services, systematic desensitization, “time and place” training, self-monitoring/feedback, and appropriate requesting.

ASD Training Series: Managing Restricted Repertoires of Interests and Activities ASD04

Autism 2 hrs. This presentation focuses on how to manage the limited range of interests with individuals with ASD. Given their preference for sameness, the interests and scope of activities preferred by children with ASD can be narrow and restricted. This presentation will discuss ways to widen a child’s interests through exposure and experience, while at the same time setting limits on narrow or restricted interests.

Anger and Coping BEH01 Behavior Support 2 hrs. This presentation provides participants with an increased awareness of anger states, and reviews possible environmental triggers for anger in individuals with ASD and other developmental disabilities. The presentation will also describe a variety of coping and relaxation strategies that can be taught.

Basic Strategies for Increasing and Decreasing Behavior BEH02 Behavior Support 2 hrs.

This presentation gives an overview of basic principles of reinforcement and punishment, and describes how various schedules of reinforcement can be implemented to teach and maintain new skills.

Disciplinary Strategies APT03 Advocacy & Parent Training 2 hrs. This presentation addresses options for constructively disciplining a child with a disability when a transgression has occurred. The session encourages parents and professionals to identify the reasons why problem behaviors occur and provides a strategy for teaching an alternative to inappropriate behavior, rather than simply punishing it.

Managing Transitions BEH11 Behavior Support 2.5 hrs. This presentation overviews the transition difficulties that individuals with ASD and other disabilities may encounter. The training provides a variety of practical solutions to prepare individuals for transitions from one place or activity to another. Evidence-based research articles highlighting specific examples of transition supports will be reviewed.

Series 2

Clinical Training Series Anxiety Disorders: COC01 Co-occurring 2 hrs. This presentation addresses a variety of anxiety disorders that can co-occur with ASD, including panic disorder, phobias, obsessive-compulsive disorder, post-traumatic stress disorder, and generalized anxiety disorder. This presentation will focus on recognizing the disorders and identifying effective interventions.

Clinical Training Series: Disruptive Behavior Disorders COC02 Co-occurring Conditions 2 hrs. This presentation addresses a variety of behavioral disorders that can co-occur with ASD, including Attention Deficit Disorder, Conduct Disorder, and Oppositional Defiant Disorder. This presentation will focus on recognizing these disorders and identifying effective interventions.

Clinical Training Series: Elimination Disorders COC03 Co-occurring Conditions 2 hrs. This presentation describes the elimination disorders of enuresis and encopresis. Behavioral interventions to address these disorders, including how to respond to toileting accidents, will be reviewed.

Clinical Training Series: Mood Disorders COC04 Co-occurring Conditions 2 hrs. This presentation addresses a variety of mood disorders that can co-occur with ASD, including depression and bipolar disorder. The session will focus on recognizing the disorders and identifying effective interventions.

Clinical Training Series: Psychopharmacology COC05 Co-occurring Conditions 2 hrs. This presentation looks at the pros and cons of medication as a component of a comprehensive treatment plan. Participants will learn about the various treatment options that are available, and discuss their rights and responsibilities regarding the use of medication. In addition, parents and professionals will learn to monitor the impact of medication using simple data collection systems to monitor mood, affect, and behavior.

Clinical Training Series: Sleep Disorders COC06 Co-occurring Conditions 2 hrs. This presentation will address a variety of sleep disorders that can co-occur with ASD, including insomnia, hypersomnia, narcolepsy, disrupted sleep, nightmares, sleep terrors, and sleepwalking. The session will focus on recognizing the disorders and identifying effective interventions.